

Daiglen School



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly Made Soup	Leek and potato soup with freshly baked bread	Sweetcorn Chowder with freshly baked bread	Butternut squash with freshly baked bread	Pea and baby spinach with freshly baked bread	Tomato soup with freshly baked bread
Main	Jacket potato bar with a choice of toppings: Beef Chilli, tuna mayonnaise.....	Creamy cooked Ham and pasta bake	Honey roast chicken breast with sage and onion stuffing and gravy	Butchers pork sausages with onion gravy	Cod fish fingers or Oven baked cod with tartare sauce
Meat Free	Cheese and tomato quiche	Macaroni cheese with a spring onion topping	Penne Pasta with Courgettes, cherry tomatoes and broad beans	Veggie sausages with onion gravy	Baked peppers filled with lentils and feta cheese
And to go with	Baked beans Sour cream Grated cheese Mixed salad	Garlic and herb bread slices Steamed carrots	Crispy roast potatoes Steamed Savoy Cabbage	Creamy mash Pan fried leeks	Oven chips Garden peas Mixed leaf salad
Pudding	Apple crumble with vanilla Sauce	Vegetarian orange jelly with cream	Orange cake with custard	Pineapple upside down cake with cream	Iced topped banana cake

Available daily, Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad



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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly made Soup and bread	Vegetable with freshly baked bread	Pea and mint soup with freshly baked bread	Lightly spiced lentil with freshly baked bread	Potato and parsley with freshly baked bread	Tomato with freshly baked bread
Main	Tandoori chicken with naan bread fingers and mango chutney	Filled panini with either: Ham, ham and cheese or tuna melt	Baked gammon ham with Yorkshire pudding and gravy	Classic beef lasagna	Battered cod fillets or Oven baked pollock with lemon mayonnaise
Meat Free	Lentil and baby spinach curry with naan bread fingers and mango chutney	Filled panini with cheddar cheese and tomato	Potato, leek and cheddar cheese bake	Spinach and courgette lasagne	Spring onion, cherry tomato and potato free range egg frittata
And to go with	Steamed rice Broccoli florets Cucumber raita	Spicy oven baked potato wedges Creamy coleslaw	Roasted baby potatoes in their skins Green beans	Garlic and herb bread Sweetcorn	Oven Chips Baked Beans Garden peas
Pudding	Red cherry sponge with custard	Chocolate and apricot brownie with vanilla crème fraiche	Apple and sultana cake with cream	Chocolate ice cream with chocolate sauce	Rocky Road bar

Available daily, Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad



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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly made Soup and bread	Cauliflower cheese with freshly baked bread	Sweetcorn and potato with freshly baked bread	Super green soup with freshly baked bread	Tomato with freshly baked bread	Potato and onion with freshly baked bread
Main	Pasta bolognaise with garlic and herb bread and parmesan cheese	Chicken fajitas in a wrap with onions and peppers	Roast turkey breast with Yorkshire pudding, cranberry sauce and gravy	Beef cottage pie	Battered cod goujons with tartare sauce
Meat Free	Goats cheese and spinach pasta	Mixed bean and cheese Quesadillas	Layered quorn mince, pepper and potato bake	Golden vegetable and lentil cottage pie	Cauliflower and tomato bake topped with cheddar cheese
And to go with	Garlic bread slices Parmesan cheese	Oven baked diced potatoes Sweetcorn Sour cream	Steamed new potatoes Broccoli florets	Carrot batons	Oven Baked Chips Garden Peas Baked beans
Pudding	Fruits of the forest Eton mess	Trio of melon with yoghurt and granola	Apricot and sultana flapjack	Milk chocolate cookie	Chocolate sponge with chocolate custard

Available daily, Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad

