

# Daiglen School



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly Made Soup	Leek and Potato with freshly baked bread	Sweetcorn Chowder with freshly baked bread	Carrot with freshly baked bread	Parsnip with freshly baked bread	Tomato with freshly baked bread
Main	Jacket potato bar with a choice of toppings: Beef Chilli, tuna mayonnaise	Creamy cooked Ham and pasta bake	Roast turkey breast with sage and onion stuffing cranberry sauce and gravy	Butchers pork sausages with onion gravy	Cod fish fingers or Oven baked cod with tartare sauce
Meat Free	Jacket potato with Bean chilli, grated cheese or baked beans	Penne pasta with cherry tomatoes, olives, peppers and tofu	Roasted Quorn fillet with sage and onion stuffing and gravy	Veggie sausages with onion gravy	Baked peppers filled with lentils and feta cheese
And to go with	Baked beans Sour cream Grated cheese Mixed salad	Garlic and herb bread slices Steamed carrots	Crispy roast potatoes Steamed Savoy Cabbage	Creamy mash Pan fried leeks	Oven chips Sweetcorn Mixed leaf salad
Pudding	Apple pie with vanilla sauce	Fruit jelly with Cream	Lemon cake with Custard	Pineapple upside down cake with cream	Iced topped banana cake
Afternoon snack	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie

Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad available daily.



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## Lunch Menu



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly made Soup and bread	Chunky vegetable with freshly baked bread	Cream of broccoli with freshly baked bread	Lentil with freshly baked bread	Potato and baby spinach with freshly baked bread	French onion with freshly baked bread
Main	Chicken korma with naan bread fingers and mango chutney	Filled panini with either: Ham, ham and cheese or tuna melt	Baked gammon ham with Yorkshire pudding and gravy	Classic lamb lasagna	Battered cod goujons or Oven baked pollock with lemon mayonnaise
Meat Free	Lentil and baby spinach curry with naan bread fingers and mango chutney	Filled panini with cheddar cheese and tomato	Potato, leek and cheddar cheese bake	Macaroni cheese with crunchy spring onion topping	Spring onion, cherry tomato and potato free range egg frittata
And to go with	Steamed rice Broccoli florets Cucumber raita	Oven baked diced potatoes Creamy coleslaw	Roasted baby potatoes in their skins Green beans	Garlic and herb bread Sweetcorn	Oven Chips Baked Beans Garden peas
Pudding	Red cherry sponge with custard	Chocolate and apricot brownie with vanilla crème fraiche	Apple and sultana cake with cream	Vanilla ice cream with chocolate or jam sauce	Chocolate and raisin krispy cake
Afternoon Snack	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie

Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad available daily



# Daiglen School



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Freshly made Soup and bread	Pea and mint with freshly baked bread	Sweetcorn and potato with freshly baked bread	Cream of courgette with freshly baked bread	Cauliflower with freshly baked bread	Potato and onion with freshly baked bread
Main	BBQ mini chicken fillets in a wrap with onions and peppers	Beef Bolognese pasta bake with garlic bread	Honey and thyme roast chicken with Yorkshire pudding and gravy	Cottage pie	Sausage hot dog in a roll with onions, ketchup and mustard
Meat Free	BBQ quorn fillets in a wrap with onions and peppers	Vegetable and quorn pasta bake with garlic bread	Cherry tomato and red onion quiche	Sweet jacket potato with chickpeas and sour cream	Veggie sausage hot dog in a roll with onions, ketchup and mustard
And to go with	Oven baked seasoned potato wedges Sweetcorn Sour cream	Oven baked Courgettes Parmesan cheese	Steamed new potatoes with chives Cauliflower and carrots	Sugar snap peas	Oven Baked Chips Garden Peas Baked beans
Pudding	Fruits of the forest Eton mess	Trio of melon with yoghurt and granola	Apricot and sultana flapjack	White chocolate cookie	Chocolate sponge with chocolate sauce
Afternoon Snack	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie	A selection of sandwiches on assorted bread with freshly made cake or cookie

Available daily: Salad bar, yoghurt with toppings, jacket potatoes and fresh fruit salad



# Daiglen School



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	Text Text	Text Text	Text Text	Text Text	Text Text
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